

Pathwork Steps

Very short films that illustrate aspects of **Finding Your Faults PL 26 and Initial Steps PRS4**

Compiled by Jan Rigsby www.janrigsby.com

10 Minutes (2013) A 10 minute short film about how different our perceptions can be.
<http://conversations.nokia.com/2013/03/06/10-awe-inspiring-short-films-every-movie-lover-should-watch/>

The Black Hole (2008) 2 min 49 seconds. What would you do with if you were given a magic device that could change your life forever? Dir: Phil Sansom and Olly Williams. Cast: Napoleon Ryan. <http://conversations.nokia.com/2013/03/06/10-awe-inspiring-short-films-every-movie-lover-should-watch/>

Clocktower 2 minutes 28 seconds. An animated version of the eternal struggle between our own personal pleasure and the responsibilities we take on that impact others.
<http://arncyn.squidoo.com/uplifting-short-films>

Julie and Julia 2009 A one minute film clip from the movie, where Julia Child expresses her frustration about finding a purpose to her life, or at least something to do that feels useful and productive. “What is it you really like to do?” asked her husband, trying to help her figure out what kind of job she would like. “Eat.” Says Julia. “Yes, I know, I know... and you’re so good at it!”
<https://www.youtube.com/watch?v=7hqLTAHnrac>

Letterbox 5 min documentary: A Turner Classic Movies short on the different in watching via “widescreen” or “Letterboxed” transfers of a film vs. “full screen” or “pan and scan”. An analogy of how greater awareness of spiritual reality can change our perceptions.
<http://www.youtube.com/watch?v=GseDCbaHNOK>

Same Place, Same Time, Tomorrow 5 minutes 28 seconds. Have you ever considered the negative power of regrets? What might change if you made a full and complete commitment to one of your dreams? Ref: Commitment: Cause and Effect PL196
<https://www.youtube.com/watch?v=6ZwCnJdQjG4>

Seconds (2008) 2 minutes 3 seconds. A short film that captures the life-changing impact of a moment’s hesitation. <https://www.youtube.com/watch?v=AdymCQ5PXrs>

Small Pleasures (2008) 5 minutes 17 seconds. Do you experience life fully? Imagine if you did...
<http://gimundo.com/news/article/10-cant-miss-short-films/>
<https://www.youtube.com/watch?v=flkFW5E0XcM#t=270>